

Moving and Handling Introduction: HUTT VENUE

Learning outcomes:

After completion of this course, you will:

- be able to identify hazards and undertake a LITE risk assessment prior to all moving and handling tasks
- have the knowledge necessary to reduce the risks of musculoskeletal injury caused by moving and handling in the workplace
- identify and use moving and handling equipment, understand safety features
- understand the importance of sling safety checks prior to use
- demonstrate evidence based patient handling techniques
- identify how to organise equipment for larger patients.

On your return to the work area you will need to practice moving and handling techniques appropriate to your work area and patient needs.

Content:

- Risk Assessment
- Moving and Handling objects
- Reposition dependent patients
- Hoisting and sling safety checks and usage
- Managing partial assist patients – assessment and mobility needs
- Managing falls retrieval
- Problem solving scenarios

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	Nil	MyPay or via M&H placeholder request form (email dale.luke@ccdhb.org.nz)
Wairarapa/Capital & Coast Staff	Nil	email dale.luke@ccdhb.org.nz
External Health Professionals (Primary Health, PHO, Aged Care)	N/A	N/A
Private sector	N/A	N/A
Target Audience	All new staff who are required to move patients as part of their work	
Dress requirements	Comfortable clothes for moving, for example Track pants and T-shirt or uniforms and well-fitting supportive footwear. Short finger nails You will be expected to move and be moved by others attending the course	
Course Facilitator	Eleanor Barrett	
Food Provided	Tea and Coffee	

2024 Training Opportunities



Course Details:			
Day	Date	Venue	Start - Finish
Tuesday	12 January	Rooms 10 & 7 Clinical training unit Level 2 East Wing, Clock Tower Building Hutt Hospital	8.00 – 16.30
Friday	9 Feb		
Friday	1 March		
Monday	4 March		
Friday	8 March		
Friday	22 March		
Monday	8 April		
Wednesday	17 April		
Monday	22 April		
Monday	6 May		
Friday	10 May		
Friday	24 May		
Friday	7 June		
Friday	21 June		
Monday	1 July		
Wednesday	17 July		
Friday	2 August		
Monday	5 August		
Thursday	22 August		
Friday	23 August		
Monday	2 September		
Wednesday	18 September		
Wednesday	2 October		
Wednesday	23 October		
Friday	1 November		
Wednesday	6 November		
Friday	15 November		
Monday	25 November		
Monday	2 December		
Friday	13 December		