

Diabetes Care Givers Education Day

Learning outcomes:

To give an overview of diabetes and diabetes care for Care Givers, Community Mental Health Workers, Health Care Assistants, anyone working with, caring for or supporting people living in the community with Diabetes.

Content:

- What is diabetes?
- Medications for diabetes
- How to support a person to manage their diabetes
- High and low blood glucose levels
- Foot care
- Food and diabetes
- Exercise and diabetes
- Blood glucose testing

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	NIL	MyPay
Wairarapa/Capital & Coast Staff	NIL	MyPay
External Health Professionals (Primary Health, PHO, Aged Care)	NIL	Michelle.Martin@huttvalleydhb.org.nz
Private sector	NIL	Michelle.Martin@huttvalleydhb.org.nz

Target Audience	Care Givers, Community Mental Health Workers, Health Care Assistants, or anyone working with, caring for or supporting people living in the community with diabetes
Pre reading requirements	NIL
Course Facilitator	Gabriel Molina, Diabetes Clinical Nurse Specialist
Food Provided	Coffee, tea, and biscuits provided for morning and afternoon tea. *Please Bring Your Own Lunch & water bottle.

Course Details:

Day	Date	Venue	Start - Finish
Monday	15 April 2024	Auditorium, The Learning Centre, L1,Hutt Hospital	0900 - 1600
Monday	16 September 2024	Auditorium, The Learning Centre, L1,Hutt Hospital	0900 - 1600