

Stroke Care Foundation

Aims/Purpose:

To provide health professionals with an understanding of Acute stroke, it's management and the importance of the allied health team's involvement in the recovery of stroke patients.

Content:

By the end of the course the participants will be able to:

- Describe what a stroke is and define its types
- Recognise early stroke symptoms and call for medical help
- Understand the importance of lifestyle modifications to reduce risks of stroke
- Confidently support stroke patients, family and carers with education and support for living with the outcomes of stroke. i.e. personal care, mobility and activities of daily living

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	NIL	via Ko Awatea
Wairarapa/Capital & Coast Staff	NIL	Email: Shona.Kennedy@huttvalleydhb.org.nz
External Health Professionals (Primary Health, PHO, Aged Care)	NIL	Email: Shona.Kennedy@huttvalleydhb.org.nz
Private Sector	\$115	Email: Shona.Kennedy@huttvalleydhb.org.nz

Target Audience	This course provides education and support for registered nurses and health assistants who are new to caring for stroke patients with basic knowledge and evidence-based practice in relation to stroke care, rehabilitation and ongoing support following a stroke.
Pre reading requirements	NIL
Course Facilitator	Amelie Chapman, Stroke Clinical Nurse Specialist
Food Provided	Coffee, tea, and biscuits provided for morning and afternoon tea. *Lunch not provided *Please bring your own Water Bottle

Course Details:

Day	Date	Venue	Start - Finish
Wednesday	14th May 2025	Hutt Hospital Learning Centre Room 2	0800-1630
Thursday	19th June 2025	Hutt Hospital Learning Centre Auditorium	
Wednesday	13 th August 2025	Hutt Hospital Learning Centre Room 2	