

Moving and Handling Introduction: WELLINGTON VENUE

Learning outcomes:

After completion of this course, you will:

- be able to identify hazards and undertake a LITE risk assessment prior to all moving and handling tasks
- have the knowledge necessary to reduce the risks of musculoskeletal injury caused by moving and handling in the workplace
- identify and use moving and handling equipment, understand safety features
- understand the importance of sling safety checks prior to use
- demonstrate evidence-based techniques for patient handling
- identify how to organise equipment for larger patients.

On your return to the work area you will need to practice moving and handling techniques appropriate to your work area and patient needs.

Content:

- Risk Assessment
- Moving and Handling objects
- Reposition dependent patients
- Hoisting and sling safety checks and usage
- Managing partial assist patients – assessment and mobility needs
- Managing falls retrieval
- Problem solving scenarios

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	Nil	email dale.luke@ccdhb.org.nz
Capital & Coast Staff	Nil	Connect me or email dale.luke@ccdhb.org.nz
External Health Professionals (Primary Health, PHO, Aged Care)	N/A	N/A
Private sector	N/A	N/A
Target Audience	All new staff who are required to move patients as part of their work	
Dress requirements	Comfortable clothes for moving, for example Track pants and t-shirt or uniforms; with well-fitting supportive footwear. Short finger nails You will be expected to move and be moved by others attending the course	
Course Facilitator	Eleanor Barrett	
Food Provided	Tea and Coffee	

2024 Training Opportunities



Course Details:			
Day	Date	Venue - WELLINGTON	Start - Finish
Tuesday	27 February	Room 6 Simulation Suite Level 9 CSB via purple lifts Wellington Regional Hospital Newtown	8.00 – 16.30
Tuesday	5 March		
Wednesday	6 March		
Tuesday	19 March		
Thursday	4 April		
Tuesday	9 April		
Wednesday	17 April		
Monday	22 April		
Thursday	9 May		
Monday	20 May		
Tuesday	11 June		
Tuesday	18 June		
Wednesday	19 June		
Thursday	27 June		
Wednesday	3 July		
Tuesday	9 July		
Monday	15 July		
Tuesday	23 July		
Wednesday	7 August		
Tuesday	13 August		
Tuesday	20 August		
Thursday	29 August		
Monday	2 September		
Thursday	12 September		
Tuesday	17 September		
Tuesday	24 September		
Wednesday	2 October		
Wednesday	9 October		
Thursday	10 October		
Thursday	24 October		
Thursday	7 November		
Friday	8 November		

*Please see next page for further dates

2024 Training Opportunities



Day	Date	Venue - WELLINGTON	Start - Finish
Thursday	21 November	Room 6 Simulation Suite Level 9CSB via purple lifts Wellington Regional Hospital Newtown	08.00 – 16.30
Friday	22 November		
Tuesday	26 November		
Thursday	5 December		
Tuesday	26 November		
Thursday	5 December		
Friday	6 December		
Tuesday	10 December		
Wednesday	11 December		